

Student Assistance Confidential Concern Form

I am concerned about:

Name of Student: _____

Grade: _____

Reason for Concern: (Check all that apply)

- Drop in grades
- Absence from school more than usual
- Hurting others or hurting self
- Negative attitudes
- Signs of possible alcohol/other drug use
- Unusual change of friends—hanging out with others she/he would not normally do
- Depression, anxiety, frequent mood swings – more than the typical kid
- Bullying others
- Victim of Bullying
- Display of violent behavior
- Other concerns/comments:

After completing this form, place it in an envelope marked "**CONFIDENTIAL**" and put the envelope in a designated Student Assistance mailbox or give it to one of the BSAP Team Leaders — Ms. Smith, Counselor or Ms. Marks, School Nurse.

MONTGOMERY COUNTY RESOURCES

HELP IS AS NEAR AS THE PHONE...

**MCPS Safe and Drug-Free Schools
301-279-3041**

**Safe Schools Hotline
301-517-5995**

**Alcoholics Anonymous Meetings
202-966-9115**

**Narcotics Anonymous Meetings
202-399-5316**

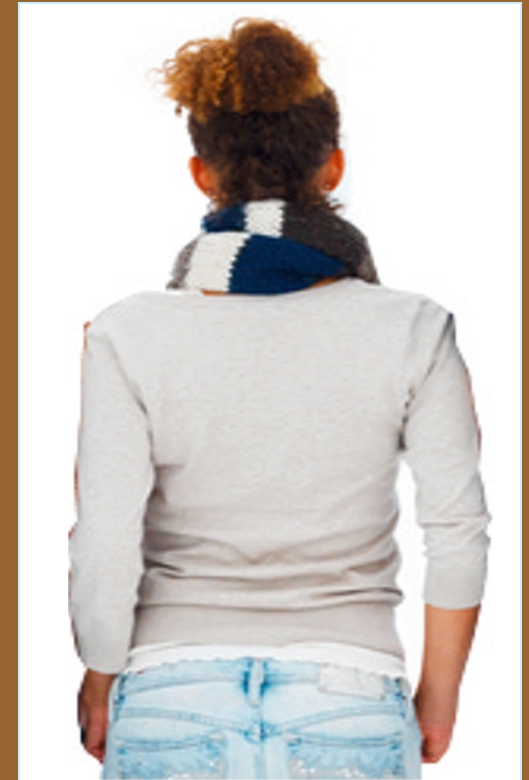
**Crisis Center
240-777-4000**

*If you have a concern about a friend,
contact your School Nurse,
School Counselor, or an adult who cares.*

Nothing can replace your friend.



DON'T TURN YOUR BACK!



HELP A FRIEND

No one will know it was you
who saved a life and ended the silence.
Be a True Friend.

BSAP

Blake Student Assistance Program

MCPS Safe and Drug-Free Schools

Blake Student Assistance Program

Many of us are worried about a friend's use of alcohol and/or other drugs or potentially violent behavior. You want to help, but don't know how. Student Assistance at your school is just that—helping a friend. We can help and no one else needs to know about it.

Fill out a BSAP Concern Form/Card.

Concern Forms/Cards are located in many areas of the school—the nurse's office, the counseling office, and the Main Office. A concern form is included in this brochure.

What are you worried about?

The Concern Form/Card asks you to check specific areas of concern. If possible, be descriptive. You may see a friend using and wonder if he/she is an alcoholic or drug addict. Or we wonder if they have a mental health problem and might be dangerous to themselves or others. There is no way we can know the answer to that. Our concern and worry makes us want to help.

Name your friend.

This is the hardest part. You don't want to lose a friendship—just help a friend. But you need to say something to somebody. Remember, silence doesn't help.

The Process

You may sign your name as the concerned friend, but you don't have to.

It's up to you. Most people don't sign because they want to remain anonymous. Whether you sign your name or not, your friend will get help.

What happens to my Concern Form/Card?

When you put your completed Concern Form/Card in the Student Assistance mailbox, you can be assured it will be taken very seriously and treated with the utmost professionalism and confidentiality by staff who care about your concern.

The Student Assistance staff will act on your concern. They will start the process to get help for your friend.

The Student Assistance staff will confidentially ask others about your friend's behavior. This is not because Student Assistance doubts your concern, but because they want to make sure the concern is valid and not a bogus concern or joke to do harm to someone.

Then, Student Assistance will intervene if necessary. Your friend's teachers and parents—people who can help your friend—will be asked to meet and discuss a way to get professional help for your friend. The purpose of this meeting is to help your friend, not punish them. Most of our friends are relieved to realize someone cares enough to help when their behavior is alarming to others.

Student Assistance Team Members at Your School

If you would like further information about Student Assistance, you may contact a team leader or a member of the BSAP Team:

Jean Smith, Co-Leader
School Counselor
301-879-1310

Janeane Marks, Co-Leader
School Nurse
301-879-1308

Team Members

Deena Barlev
Christina Gelb
Patti Kompore
Victor Loun
Rudy Tyrell